

TYNE REGATTA - 19 JUNE 2021**ADVICE AND INSTRUCTIONS TO CLUBS AND CREWS****DIV 1 - 8:30 AM, DIV 2 - 11:00 AM, DIV 3 - 1:30 PM**

All present must take individual responsibility for adhering to Government and British Rowing rules and guidelines with regard to Covid-19 when on site. In particular please ensure that social distancing (at least 2m or 1m + face mask) is practised at all times whilst at the competition except when rowing.

Covid-19 overview

This document is in line with Government Covid-19 safety recommendations and with the most recent released British Rowing guidelines. Systems have been put in place to reduce the interaction between people present on site during the day and these are detailed below.

We ask that anyone planning on attending the event stays up to date with Government and British Rowing Covid-19.

No person should attend the competition if they are suffering from symptoms suggestive of Covid-19 such as high temperature, new persistent cough, shortness of breath, loss of sense of smell. Further details about Covid-19 symptoms can be found at www.nhs.uk/conditions/coronavirus-covid-19.

For Test and Trace purposes the names and contact details of crew members racing will be available to TARC via British Rowing's online entry system (BROE). Visiting clubs are asked to record the names of non-rowing club members and others such as parents of juniors present and have them available for a period of 10 days should they be needed.

If a person present on the day develops symptoms or tests positive for Covid-19 within 10 days of attending the competition they or the person's club must notify the competition Covid-19 Officer immediately (contact details at end) and self-isolate according to government guidelines.

Covid-19 precautions

The size of the overall competition is being limited as to provide a manageable number of people on site at any one time. Social distancing (at least 2m or 1m with face covering) is required at all times except within recognised bubbles or for rowers when on the water. Face coverings are recommended outside at all times whether within 2 metres of others or not. Face coverings *must* be worn when inside any of the host clubs' buildings unless you are consuming food and refreshments as allowed by government Covid-19 hospitality venue rules.

Access to club buildings for competitors and others visiting will generally be limited, except for use of toilets; there will be no general access to changing rooms or showering facilities, but they will be available in the event of a capsized boat. The number of people allowed in each building at a time will be closely controlled and there will be signs requesting social distancing and use of face coverings. There will be hand sanitising stations located at key locations. See below for more specific information on toilets, changing facilities and hygiene

If your club is sharing boats between competitors it is **your responsibility** to provide adequate cleaning equipment to clean boats and blades. If you are unsure as to what this would entail there are details on the British Rowing website www.britishrowing.org/2021/04/managing-covid-19-version-11-2/

General information for competitors on arrival

When you arrive on site there will be marshals on hand to facilitate well-spaced trailer parking, which will assist social distancing. Trailers will be based at Tyne Amateur Rowing Club (TARC) and Tyne United Rowing Club (TURC) as well. Cars carrying singles will be based at Newcastle University Boat Club (NUBC) and can park there, though they must walk their boats through to TURC close by. There is no boating from NUBC.

There will be no parking on site for cars of spectators or competitors at TARC and TURC; there will be limited parking at NUBC on a first come first served basis. See the parking section of this document later for more information on other locations recommended.

Race Control and related functions such as weighing of coxes and giving out of prizes will be situated at TARC within the finish gazebo.

We have steps and there may be mud! **Wellington boots are advised and some form of footwear you don't mind getting wet is a requirement for boating.** No flip flops, please. Ensure you have adequate clothing with you in the boat. It is the responsibility of coaches to ensure that their rowers - especially juniors - have sufficient warm/waterproof clothing. The trailer parks can be very muddy also (though this seems unlikely the week before).

If you bring a gazebo then this can only be put up next to your trailer, not on the river front or elsewhere.

Boating and getting to the start

Competitors' race numbers, boating locations and race start times are shown on the final order issued on 16 June. One person should collect all of a club's plastic bow numbers (and paper numbers if used) in good time from the finish gazebo if at TARC and from a box just inside the clubhouse at TURC. Please adhere to social distancing if queuing.

Clubs/ crews are responsible for the safety of their own boats/ equipment. Crews should be prepared to demonstrate to Control Commission observers that the key safety features (bow ball, buoyancy compartments, heel straps etc) are in place and effective.

Marshals will remind competitors to begin the boating process so as to be on the water at the right time. Crews are asked to boat with the minimum of help, but assistance in carrying down oars with the boat so as to minimise delay in getting on the water is encouraged. If possible use a household or other recognised bubble member. Crews and helpers must all wear face coverings when boating, with the crew members only removing them once on the water

You must be ready to boat 30 minutes before your race time and *be on the water* no later than 20 minutes before the race time. Get into your boat as quickly as possible; adjusting your feet etc once you have pushed off from the landing. You will be expected to take wellies or other footwear with you. Move away from the landing promptly so as not to obstruct others behind. Anyone who has been assisting competitors should vacate the steps immediately.

You are responsible for making your own way on the water down to the start. The separate Boat Circulation document with a plan shows how crews should reach the start, race and land. Crews will be proceeding to the start along the north bank and it will be vital that crews stay relatively close (but not too close) to the bank and out of the racing line when a race is on. Launch marshalls will assist.

You must be in the start marshalling area 10 minutes before your race start time. Rowers should assemble as shown on the circulation map. The start launch marshal will ask you to move towards the start in order with your competition. It will be a free start, i.e. no stake boats. The starter will be on the south bank, conspicuous in a high viz jacket.

Racing, finish and landing

The course is not buoyed and crews are asked to keep to their station and remain relatively central in the river and 'on station'.

LOCAL RULE: In 2 lane races each crew **MUST** use the centre arch of Newburn Bridge on their side of the river as they start. In 3 lane races the crew nearest the north bank **MUST** use the north-central arch and the two crews nearest the south bank **MUST** use the south-centre arch of Newburn Bridge. In 4 lane races the two crews nearest the north bank **MUST** use the north-central arch and the two crews nearest the south bank **MUST** use the south-centre arch of Newburn Bridge. All as shown on the circulation map. A crew using the wrong arch may be disqualified.

Marshalling and safety boats will be on the course and crew members will be wearing face coverings. If you do have an accident, stay with your boat until help arrives. Do not attempt to swim to the bank without your boat. In the event of a capsize or other incident a safety launch will attend and will be equipped with face coverings for any crew member taken on board.

At the finish you must continue rowing through and well past the line as other rowers may be coming up behind. During the return to the steps rowers must obey the instructions of the launch and land marshals. Return to the boating location will be as per the circulation pattern map, but will be relatively directly to the relevant club with crossing of the racing line. The finish marshalling launch will advise as necessary. Marshals nearer the steps may ask you to wait on the water in an orderly fashion and tucked in to the bank while the steps are cleared of other crews. Please follow these instructions closely.

Crew members should replace their face coverings before landing. As with boating, please use the minimum help on the steps as you land, though assistance in carrying up the oars with the boat is strongly encouraged. If crews are experiencing difficulties of any sort there will be volunteers on hand to assist. Once you have landed please return bow numbers to the location where you got them.

Results and prizes

The results of each race and event winners will be recorded at the finish gazebo, located at the west end of the TARC site overlooking the river and posted on a noticeboard. Please follow social distancing guidelines if trying to view this board. Results will also be published online as soon as possible after each race – try Twitter at @ResultsTyne for race-by-race results and the web site later for a complete list. There will be no prize presentation at the end of the day, but crews (one member per crew) can pick up prizes from the finish gazebo at any time. Any not collected by the end of day will be forwarded on.

Spectators and public rights of way

We ask that participating clubs do not encourage spectators to attend so as to reduce any unnecessary risk of transmission. Any spectators attending the competition as with any others from clubs must follow national social distancing guidelines at all times. It is advised to not to watch from Newburn Bridge due to road safety concerns. Those watching should not gather at or near the finish line and finish gazebo to give officials space to work in a socially distanced manner.

There are public rights of way in front of both clubhouses and the clubs have no control over who uses these. Conflict between rowers and walkers/cyclists is rare, but land marshalls and volunteer helpers will monitor use of the rights of way and act if problems arise. Competing crews and any helpers should avoid obstructing the public rights way as far as possible and be courteous to other users.

Toilets, emergency changing & shower facilities and hygiene

There will be access for competitors and their helpers to the male and female toilets adjacent to the changing rooms on the ground floor at TARC and via a one way system using the front door on the upper floor one way and the door at the back of the boathouse and the internal stairs the other way. Notices will be up to direct. In case of capsized or another incident a shower in the disabled toilet next to the changing rooms at TARC or in the changing rooms at TURC can be accessed; this is the only situation in which a shower will be available.

Social distancing should be followed in all toilet areas. People who use the toilet cubicles will be responsible for cleaning and disinfection of all surfaces when they have finished. Suitable cleaning agents and disinfectant will be supplied for this purpose. The club will clean them thoroughly between divisions. There will be signs directing users to the toilets, asking them to social distance.

Anyone entering a building should use hand sanitiser on the way in. Hand sanitiser will be available at key locations. We also advise athletes to carry their own hand sanitizer whilst on site.

First aid

Our first aid provider will be located at TARC. All first aid providers will be wearing suitable PPE and will treat patients in line with up to date coronavirus medical guidelines.

Welfare

If you have any concerns regarding the welfare of an athlete / spectator please report this immediately to Race Control at the finish gazebo at TARC. For further information regarding the club's welfare policies please read the welfare document on the club's web site.

Parking

Other than host club and race officials, only trailers and towing vehicles can park at TARC and TURC. Car parking for crews boating at TARC is available at a public car park further along Grange Road opposite (but not at) Newburn Activity Centre. For TURC you can use Newburn Bridge Approach Road alongside the club (but do not block the entrance). Parking for cars will also be available at NUBC on a first come first served basis.

The Highway Authority asks that no vehicles should be parked in an obstructive manner on road, footpath or verge and must observe all signed restrictions. Consideration must be made with regards to access for others on roads and footpaths when parking. Please be especially considerate close to the residential areas bordering Grange Road near TARC.

A map showing these various locations is on the competition web page.

Catering

There will be a limited range of hot and cold food and drinks from the 'truck bay' in the front of TARC's clubhouse. The bar on the first floor at TARC will be open to anybody. It is outside the control of the regatta organising committee and has the usual Covid-related restrictions for an indoor hospitality venue; numbers may have to be limited. *

Documents and updates will be posted at:

http://www.tynerowingclub.org/pages/tyne_regatta_2021_274001.cfm

Entries Secretary: Lyn Goldsmith at events@tynearc.com

Water Safety Adviser: Colin Percy at safety@tynearc.com or on 07985 003304

Covid-19 Officer: Anna Hall – contact via the Events Secretary or Race Control

We look forward to welcoming you to the Tyne

Bar arrangements at TARC

- Customers to sign in using the app
- Tables of up to 6 or 2 households
- Table service will be in operation
- Touch points regularly sanitised
- Face covering to be worn when moving around the building
- Ventilated area, balcony doors will be open