

RUTHERFORD HEAD - NEWBURN - 27 NOVEMBER 2021

DIVISION 1 - 10:30 & DIVISION 2 - 14:00

INSTRUCTIONS TO CLUBS AND CREWS, INCLUDING LOCAL RULES

COVID

Rutherford Head will be run in compliance with all relevant British Rowing and Government regulations and guidelines. All clubs and crews should read and comply with the separate COVID compliance document that will be published on the Tyne ARC web site and sent to clubs alongside this document. It may need to be updated as race day approaches; if so it will be publicised widely.

CLOTHING AND FOOTWEAR

You must bring wellington boots for boating and landing; the trailer parks may also be muddy – we recommend that you wear wellies in these areas too. **Take your wellies with you in the boat;** leave them on as you push off and do your feet on the water NOT on the steps.

Conditions can be windy, cold and wet during autumn and you can expect to be on the water for a long time. Ensure you have warm and waterproof clothing with you in the boat. Junior coaches should check that this is the case for their crews before reaching the steps for boating. **Crews with insufficient clothing will be refused permission to boat.**

BOATING ARRANGEMENTS

The start numbers for your crews, boating times and boating location (Tyne ARC, Tyne United RC or Newcastle University BC) will be shown in the start order covering both divisions, which will be available at http://www.tynerowingclub.org/pages/rutherford_head_2021_180561.cfm about 5 days beforehand. Boating at each club will be in race number order (i.e. low numbers first). Your plastic bow number and paper bow-person numbers will be at your boating location for collection. There may be two envelopes for larger clubs. Ensure that both numbers are securely fixed/fastened.

You must boat at the time shown in the published start orders. When boating you must follow the instructions of the land marshals. Boats may be checked for safety and crews of those failing will not be allowed to row until the faults are rectified. **Crews not ready to boat on time may receive a time penalty of up to 60 seconds.**

Ensure you have your oars ready on the landing steps/shore and get into your boats as quickly as possible. Please move away from the landing area promptly so as not to obstruct following crews and cause delay. Crews are responsible for making their own way to the start, following normal rules of the river. Marshalling launches will be on hand to help you get in the right place.

The first 30 crews in each division (1-30 and 151-181) may do a limited number of short circuits before setting off for the start, as shown on the Boating Area Plan (on the website). Those boating at Tyne ARC should do these upstream and those boating at Tyne United RC and Newcastle University BC downstream – this matches the direction of boating.

You should be in position in the start marshalling area 10 minutes before the start time. **Any crew not below the Blaydon station by 10:15 for Div 1 and 13:45 for Div 2 may be turned back** and for safety reasons not be allowed to proceed to the start and held there; this is at the discretion of the marshalls.

Once in the start marshalling area you should proceed to your designated location straightaway (see Start Area Plan on website). You must not undertake any practice pieces (starts, going firm, etc) in this area. You must not go any further downstream than is necessary to turn (if directed to do so) and to find your place by the bank. Marshalls' instructions must be followed at all times.

RACING

Marshalls in launches will direct you towards the start line in order. The start umpire and the timing team will be on the south bank (to your left if coxing). You will hear the start umpire say "Club name, Number X – GO". The time is taken at the start line about 30 metres further on. Try not to overtake the crew in front before the start timing line - ease back a little if necessary!

During the race, crews being overtaken must give the boat catching them the fastest line and not impede them. This calls for care, on bends in particular. Crews in front loading boats must keep their cox informed if they are being overtaken. **Undue obstruction of other crews who wish to take the fastest line may lead to a time penalty of up to 60 seconds, or disqualification if repeated.**

For safety reasons and to avoid damage to boats in shallow water, **crews when racing MUST use the wide main arch of the Blaydon (A1) bridge and one of the two central arches of Newburn bridge (see Start and Finish Area Plans on the web site). Crews failing to do so will be disqualified.**

Safety launches will be stationed along the course. If you do have an incident and have to stop, stay with your boat until help arrives. Do not attempt to swim to the bank without your boat. Crews near an incident (even if racing) are asked to stop and help if another crew is in serious difficulty and a safety launch is not to hand. Please report any incidents afterwards to Race Control.

At the finish and during the return to the steps crews must obey the instructions as laid out in the Finish Area Plan (on website) or as directed by marshalls. This applies in particular to crews needing to cross the racing line to land at Tyne United RC or Newcastle University BC. **Crews failing to do so and thus causing a risk to others may be issued with a time penalty of up to 60 seconds or disqualified.**

ABANDONMENT PROCEDURES

If an event has to be abandoned at any time while crews are marshalling or racing the following procedure will apply. In everyone's interests all crews must comply.

Stop immediately if instructed to do so by a marshall or other official.

Wait for a marshal to instruct you when, how and where to proceed.

Keep a lookout for other crews nearby who may not have heard or seen the warnings and are continuing with marshalling or racing. Pass on the information if possible and take any necessary action to avoid a collision.

Don't delay once you have your instruction to move and be sure to follow the directions carefully.

FIRST AID

There will be first aid providers at both Tyne ARC and Tyne United RC.

WELFARE

A welfare officer will be available at Tyne ARC all day. Hot showers and changing rooms are available at TARC, TURC and NUBC for emergency use. The Sea Cadets premises at Derwenthaugh may be also be used but only if evacuation to shore at the start is necessary.

TRAILER AND CAR PARKING

Trailers must be parked at the club indicated for boating on the final start order (Tyne ARC, Tyne United RC or Newcastle University BC). Parking for trailer towing vehicles will be provided at the host club. No other visitors' vehicles can be parked at Tyne ARC and Tyne United RC. Newcastle University BC does provide for some general car parking but space is limited.

Cars for crews boating at Tyne ARC and Tyne United RC should **not** be parked on the bridge approaches or on Grange Road on the Newburn side but at the public car park further west along

and on the north side of Grange Road opposite Newburn Activity Centre and the Keelman Pub - it is only 10 minutes' walk back along the river. See map on website.

Cars and buses/coaches must not attempt to drop off passengers at Tyne ARC itself (i.e. do not try and turn down to the club off the bridge approach road at the traffic lights). All buses/coaches bringing rowers regardless of host club must unload passengers only on Grange Road just north of Tyne ARC and then proceed to park at the public car park mentioned above at the far end of this road near the Activity Centre.

The Highway Authority for Newburn asks that no vehicles should be parked in an obstructive manner on road, footpath or verge and must observe all signed restrictions. Consideration must be made with regards to access for others on roads and footpaths when parking. Special consideration should be given to residents in the residential areas off Grange Road.

The Joint Competition Secretaries are Colin Percy and Lyn Goldsmith and can be contacted at entries@tynearc.com or at 07985 003304 (Colin) if very urgent

Web page: www.tynerowingclub.org/pages/rutherford_head_2021_180561.cfm

A list of key contacts with mobile numbers will be on the web page for race day