

# TYNE AMATEUR ROWING CLUB



## JUNIOR SQUAD ROWING COORDINATOR AND COACH

*The Tyne Amateur Rowing Club is looking to hire an individual to act as a Junior Coordinator and Coach to further the development of the junior section alongside the volunteer coaches already within the club.*

### About the Club

*The Tyne Amateur Rowing Club, established in 1852, sits on the River Tyne at Newburn, about 7 miles west of Newcastle City Centre. We have the longest and arguably the best stretch of river for rowing in the north of England and are privileged to have a new purpose-built clubhouse with excellent indoor training facilities.*

## JUNIOR SQUAD ROWING COORDINATOR AND COACH

Tyne ARC is seeking Junior Manager and Coach to join the coaching team for the 2023/24 season. The squad currently has 40 members from J12-18, competing locally and nationally. The squad has developed from focusing on enjoyment to developing performance goals in an athlete-focused manner.

Job Title                      Junior Squad Rowing Coordinator and Coach

Responsible to              Club Captain

Contract                      Part-time (12-13 hours initially)

### Purpose

The post holder will work under the guidance of the Captain and Vice-Captain of Coaching and in close liaison with Junior Squad Parents Committee in the day to day coaching and running of the junior squad. The primary purpose is to organise communication and to deliver a high-quality training program of sculling and rowing alongside volunteer coaches.

## The Role

This is a part time position that will oversee athlete development throughout the year, including racing events and training camps.

Standard week based on 11-12 hrs of commitment a week, these hours do not all fall in core office hours, with flexibility to work with and organise other part-time coaching volunteers as per rota to cover a range of training sessions. Currently there are four 2.5 hour (5-7.30pm) evening sessions Monday to Thursday and two 5 hour (8:00am-12.30pm) morning sessions on Saturday and Sunday.

**Racing events** The post holder is expected to attend events that the club chooses to partake in, having expenses paid for by the club.

**Training camps** The post holder will be available to travel with (when necessary) and oversee athletes on training camps on the dates agreed. Expenses will be paid for by the club.

**Salary/hour** Upto £15p/h depending on experience

**Start Date** Beginning of the school term in September

## Responsibilities and Expectations

1. Develop the training program in line with the GB program, alongside volunteers, to be implemented throughout the year, encompassing water sessions, land training and training camps.
2. Work with the coaching team to improve individual athlete performance and development in water sessions and have regular feedback sessions with athletes to deliver specific points for improvement.
3. To co-ordinate all day to day requirements of the squad
  - a. Emails/Facebook group – communicate with parents/guardians
  - b. Updating Google sheet
  - c. Race entries with volunteer coaches
  - d. Co-ordinate with Head Coach and Vice-Captain of Coaching regarding training plan; ensure adhered to.
  - e. On-going evaluation of training and progress including race results
4. Uphold safety requirements of equipment and assets with the Vice-Captain of Boats
5. Report/communicate to the Vice-Captain of Coaching and junior committee where necessary.
6. Manage the two summer learn to row courses.
7. Ensure welfare of those in the squad, including coaches and parents; liaising with Club Welfare officer.
8. Accompany crews to training camps and racing events throughout the year as needed.
9. Ensure all junior boats and equipment are maintained and fit for purpose for every outing in liaison with Vice-Captain of Boats.

10. Any other reasonable duties that would fall within the scope of the position, to be further discussed.

## Qualification Requirements and Candidate Characteristics

	Essential	Desirable
Qualifications	<ul style="list-style-type: none"> <li>- previous rowing and coaching experience</li> <li>- First Aid</li> <li>- Driving license</li> <li>- DBS clearance (Verified by TARC Welfare Officer)</li> <li>- RYA Launch</li> </ul>	<ul style="list-style-type: none"> <li>- driving/experience with launches</li> <li>- Level 2 UKCC (or working towards qualification)</li> </ul>
Rowing	<ul style="list-style-type: none"> <li>- Both rowing and sculling experience</li> </ul>	<ul style="list-style-type: none"> <li>- 3+ years' experience coaching</li> <li>- Experience coaching juniors/or at least working with young people</li> <li>- Ability to collaborate with experts in regard to S&amp;C, nutrition, physiotherapy and sports psychology to create an integrated system fostering athlete development</li> </ul>
Skills	<ul style="list-style-type: none"> <li>- Excellent communication and interpersonal</li> <li>- Active listening skills</li> <li>- Good leadership skills</li> <li>- Able to influence and persuade at all levels</li> <li>- Able to prioritise effectively</li> <li>- I.T literate – Word, Google sheets/excel, email</li> </ul>	<ul style="list-style-type: none"> <li>- Experience using google sheets</li> <li>- Experience dealing with a range of people across all ages</li> </ul>
Qualities	<ul style="list-style-type: none"> <li>- Organised</li> <li>- Pro-active</li> <li>- Good problem solver</li> <li>- Effective communicator</li> <li>- Team player</li> <li>- Athlete focused</li> <li>- Flexible</li> <li>- Able to perform under pressure</li> </ul>	

To discuss the role further, please contact Jo Gregory – [Clubmanager@tynearc.com](mailto:Clubmanager@tynearc.com)

Please apply by sending your CV and any references to [clubmanager@tynearc.com](mailto:clubmanager@tynearc.com)