

TYNE AMATEUR ROWING CLUB



MASTERS SQUAD ROWING COACH

The Tyne Amateur Rowing Club is looking to hire an individual to act as Masters squad Coach to further the development of the masters section of the club

About the Club

The Tyne Amateur Rowing Club, established in 1852, sits on the River Tyne at Newburn, about 7 miles west of Newcastle City Centre. We have the longest and arguably the best stretch of river for rowing in the north of England and are privileged to have a new purpose-built clubhouse with excellent indoor training facilities.

MASTERS SQUAD ROWING COACH

Tyne ARC is seeking a Masters Coach to join the coaching team for the 2023/24 season. The squad currently has 50 members from 30 -80 years competing locally and nationally. The squad includes people who wish to row with enjoyment, fitness, social and competitive goals both locally and nationally, all requiring input into their rowing.

Job Title Masters Squad Rowing Coach

Responsible to Club Captain

Contract Part-time (7 hours per week 39 weeks per year) £15 per hour

Purpose

The post holder will work under the guidance of the Captain and Vice-Captain of Coaching and in close liaison with the squad coordinators in the day to day coaching of the masters squads. The primary purpose is to organise and to deliver a high-quality training program of sculling and rowing alongside volunteer/trainee coaches.

The Role

This is a part time position that will oversee athlete development throughout the year, including racing events.

Standard week – based on 7 hours of commitment a week, these hours do not all fall in core office hours, training for the masters squads is timetabled for 6-8pm Tuesday and Thursday and 9-11 on Saturday with 1 hours planning time per week.

Racing events – the post holder is expected to attend events that the club chooses to partake in, having expenses paid for by the club.

Salary – £15/hour depending on experience

Start Date – ASAP

Responsibilities and Expectations

1. Develop the training program in line with the GB program, alongside volunteers/trainee coach, to be implemented throughout the year, encompassing water sessions and land training.
2. Work with the coaching team to improve individual athlete performance and development in water sessions and have regular feedback sessions with athletes to deliver specific points for improvement.
3. To co-ordinate all day to day requirements of the squad
 - a. Liaise with co-ordinators to identify crews, seat positions and boats required for training sessions.
 - b. Identify crews and seat positions for racing crews.
 - c. Co-ordinate with Head Coach and Vice-Captain of Coaching regarding training plan and ensure it is adhered to.
 - d. On-going evaluation of training and progress including race results
4. Uphold safety requirements of equipment and assets with the Vice-Captain of Boats
5. Report/communicate to the Vice-Captain of Coaching and committee where necessary.
6. Ensure welfare of those in the squad, including volunteer/ trainee coaches.
7. Ensure all masters boats and equipment are maintained and fit for purpose for every outing in liaison with Vice-Captain of Boats.
8. Any other reasonable duties that would fall within the scope of the position, to be further discussed.

Qualification Requirements and Candidate Characteristics

	Essential	Desirable
Qualifications	<ul style="list-style-type: none"> - previous rowing and coaching experience - First Aid - Driving licence - DBS clearance (Verified by TARC Welfare Officer) - RYA Launch 	<ul style="list-style-type: none"> - driving/experience with launches - Level 2 UKCC (or working towards qualification) - Trailer towing licence
Rowing	<ul style="list-style-type: none"> - Both rowing and sculling experience 	<ul style="list-style-type: none"> - 3+ years' experience coaching - Ability to collaborate with experts in regard to S&C, nutrition, physiotherapy and sports psychology to create an integrated system fostering athlete development
Skills	<ul style="list-style-type: none"> - Excellent communication and interpersonal - Active listening skills - Good leadership skills - Able to influence and persuade at all levels - Able to prioritise effectively - I.T literate – Word, Google sheets/excel, email 	<ul style="list-style-type: none"> - Experience using google sheets - Experience dealing with a range of people across all ages
Qualities	<ul style="list-style-type: none"> - Organised - Pro-active - Good problem solver - Effective communicator - Team player - Athlete focused - Flexible - Able to perform under pressure 	

To discuss the role further, please contact Thomas Jackson Captain Coaching (captain.coaching@tynearc.com)

Please apply by sending your CV and any references to captain.coaching@tynearc.com

Deadline for Application: 3/12/2023