

# RUTHERFORD HEAD - 2 DECEMBER 2023

## DIVISION 1 - 10:30 and DIVISION 2 - 13:45

### INSTRUCTIONS TO CLUBS AND CREWS, **INCLUDING LOCAL RULES**

#### 1 CLOTHING AND FOOTWEAR

- 1.1 You must bring Wellington boots for boating and landing; the trailer parks may also be muddy – we recommend that you wear wellies in these areas too. Sliders, flip-flops, etc with no grip are NOT suitable. To speed up the boating process and debotting after the race, **take your wellies with you in the boat**; leave them on as you push off and put your feet in shoes on the water NOT on the steps.
- 1.2 Conditions can be windy, cold and wet and you can expect to be on the water for a long time. Ensure you have warm and waterproof clothing with you in the boat. Junior coaches should check that this is the case for their crews before reaching the steps for boating. **Crews with insufficient clothing will be refused permission to boat.**

#### 2 BOATING ARRANGEMENTS (HT 4.49m at 06:40 and LT 1.87m at 12:35, GMT at Newburn)

- 2.1 The start numbers for your crews, boating times and boating location (Tyne ARC, Tyne United RC or Newcastle University BC) will be shown in the start orders, which will be available on the web sites as mentioned on p3 about 5 days beforehand. Your plastic bow and paper bow-person numbers will be at your boating location for collection. There may be two envelopes for larger clubs. And watch your safety pins don't fall out! Ensure that both numbers are securely fixed/fastened. Weighing of coxes will all be Tyne ARC (check before if likely to need weights).
- 2.2 Participating crews from host club or visiting clubs, must not boat before their allocated times on the day, for practice or for any other purpose. No safety cover will be in place and to do so may interfere with race preparations. **Any crew doing so will not be permitted to race and will be disqualified.**
- 2.3 You must boat at the time shown in the published start orders. When boating you must follow the instructions of the land marshals. Boats may be checked for safety and crews of those failing will not be allowed to row until the faults are rectified. **Crews not ready to boat on time may receive a time penalty of up to 30 seconds.** Boating usually starts about 08.30, low numbers first.
- 2.4 Ensure you have your oars ready on the landing steps/shore and get into your boats as quickly as possible. Please move away from the landing area promptly so as not to obstruct following crews and cause delay. Crews are responsible for making their own way to the start, following normal rules of navigation, i.e. starboard (green) side nearest the bank. Other crews may be coming up-river. Marshalling launches will be on hand to help you get in the right place.
- 2.5 You should be in position in the start marshalling area 10 minutes before the start time. **Any crew not below Blaydon Station by 10:10 for Div 1 and 13:25 for Div 2 for safety reasons may not be allowed to proceed to the start and be held there**; this is at the discretion of the marshalls.
- 2.6 Once in the start marshalling area you should proceed to your designated location straightaway (see *Start Area Plan* on website 5 days before the race day). You **must not** undertake any practice pieces (starts, going firm, etc) in the marshalling area or go downriver of the marshalling area. Marshalls' instructions must be followed at all times.

### 3 RACING

- 3.1 Marshals in launches will direct you towards the start line in order. The start umpire and the timing team will be on the south bank (to your left if coxing). You will hear the start umpire say "Club name, Number X – GO". The time is taken at the start line about 30 metres further on. Try not to overtake the crew in front before the start line - ease back a little if necessary!
- 3.2 For safety reasons, to avoid damage to boats in shallow water and to ensure fair racing, crews when racing **MUST** use the wide main arch of the Blaydon (A1) bridge (see *Start Area Plan* on the web site) and one of the two centre arches of Newburn bridge (see *Finish Area Plan* on the web site). **Crews failing to do so and using outside arches will be disqualified.**
- 3.3 During the race, crews being overtaken must give the boat catching them the fastest line and not impede them. This calls for care, on bends in particular. Crews in front loading boats must keep their cox informed if they are being overtaken. **Undue obstruction of other crews who wish to take the fastest line may lead to a time penalty of up to 30 seconds, or disqualification if repeated.**
- 3.4 Safety launches will be stationed along the course. If you do have an incident and have to stop, stay with your boat until help arrives. Do not attempt to swim to the bank without your boat. Please report any incidents afterwards to Race Control. Crews near an incident (even if racing) are asked to stop and help if another crew is in serious difficulty and a safety launch is not to hand.
- 3.5 At the finish and during the return to the steps crews must obey the instructions as laid out in the *Finish Area Plan* (on the web site) or as directed by marshalls. In summary, all crews after the finish should turn above the launch near the slipway and proceed back down-river on the north bank. Crews returning to Tyne ARC can land straight away (but form an orderly queue). Those returning to Newcastle University BC or Tyne United RC should carry on down-river through the north side arch of Newburn bridge and await instructions to cross the race line to the south bank. **Crews failing to wait for instructions to cross the racing line cause a risk to themselves and others and may lead to a time penalty of up to 30 seconds.**

### 4 ABANDONMENT PROCEDURES

- 4.1 If the event has to be abandoned at any time while crews are marshalling or racing the following procedure will apply. In everyone's interests all crews must comply.
  - **Stop immediately** if instructed to do so by a marshal or other official.
  - **Wait for a marshal** to instruct you when, how and where to proceed.
  - **Keep a lookout** for other crews nearby who may not have heard or seen the warnings and are continuing with marshalling or racing. Pass on the information if possible and take any necessary action to avoid a collision.
  - **Don't delay** once you have your instruction to move and be sure to follow the directions carefully.

### 5 RACE CONTROL and FIRST AID

- 5.1 Both Race Control and First Aid providers will be at Tyne ARC all day.

### 6 WELFARE

- 6.1 A welfare officer will be available at Tyne ARC all day. Hot showers and changing rooms are available at Tyne ARC, Tyne United RC and Newcastle University BC for emergency use.

### 7 TRAILER AND CAR PARKING AND DROP OFF

- 7.1 Trailers must be parked at the club indicated for boating on the start order (Tyne ARC, Tyne

United RC or Newcastle University BC). You can park trailer towing vehicles there too.

- 7.2 There is no drop-off access within the three clubs' grounds. In particular buses/coaches **MUST NOT** attempt to drop off competitors at any of the host clubs; please do so sensibly and quickly on neighbouring roads and then proceed to the Grange Road car park (see below).
- 7.3 For those boating at Tyne ARC, out of consideration for local residents **DO NOT** park cars or minibuses on Grange Road or in the surrounding streets in Newburn and **DO NOT** park in front of the Branzino Restaurant on the road down to the club. Cars (and buses/coaches) may park at the free car park opposite the Newburn Activity Centre along Grange Road. This car park is only a short walk away from the rowing clubs: see map on website. Do not park in the at the Activity Centre car park itself.
- 7.4 Those boating from Tyne United RC must not park on the approaches to Newburn Bridge on Newburn Bridge Road. Newcastle University BC provides for some general car parking but space is limited.
- 7.5 The Highway Authorities for the area ask that no vehicles should be parked in an obstructive manner on road, footpath or verge and must observe all signed restrictions. Consideration must be made with regards to access for others on roads and footpaths when parking.

## 8 RESULTS AND COLLECTING PRIZES

- 8.1 There will be no formal prize giving. Results will be published on the web site and social media pages below (N.B. use Oar-online for quickest access). Winning crews should send a representative(s) to collect their prizes from Race Control after 1.00pm for Div 1 and 4.00pm for Div 2. N.B. Both the club website and Oar-online will also have the start order available and Oar-online also real-time provisional race times.

## 9 CONTACT AND MEDIA DETAILS

**Address:** Tyne Amateur Rowing Club  
Water Row  
Newburn  
Newcastle upon Tyne  
NE15 8NL

**Organising Committee Chair:** Izzy Friedlander

**Joint Race Committee Chairs:** Charly Curtis / David Robinson

**Competition Secretary:** Colin Percy

**Pre-race contact:** [entries@tynearc.com](mailto:entries@tynearc.com) or at 07985 003304 (Colin) if urgent

**Competition web page:** [www.tynerowingclub.org/pages/rutherford\\_head\\_274624.cfm](http://www.tynerowingclub.org/pages/rutherford_head_274624.cfm)

*A list of key race-day contacts with mobile numbers will be on the web page two days beforehand.*

**Start order, times and results:** On the web page as above

Oar-Online at [go.oar-online.uk](http://go.oar-online.uk)

X (formerly Twitter) at [twitter.com/Tyne\\_Rowing](https://twitter.com/Tyne_Rowing)

Mastodon at [toot.oar-online.uk/@racing](https://toot.oar-online.uk/@racing)

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10-11-23