



# Emergencies – what to do

**For all life-threatening or serious incidents at the club or on the water ring 999 – ask for police, fire or ambulance (or coastguard if on water)**

## **Boathouse address:**

Tyne Amateur Rowing Club, Water Row, Newburn, Newcastle upon Tyne, NE15 8NL

**What3Words:** refers.span.door

*If asked for directions, emphasise the club is on the north bank of the river, just along from Newburn Bridge and the Boathouse pub.*

*The other main emergency shore access point for the club's usual training outings is: Derwenthaugh Marina, off Tundry Way, Blaydon, Gateshead, NE21 5LL.*

After dialling 999 and when confident help is on the way, contact an official of the rowing club as indicated in next section.

## **For less serious incidents that still require club assistance - CONTACT US:**

If at the club, ask if an official of the club is present and talk to them. If the bar is open, the staff might be able to help. Otherwise telephone us as below; should the first named individual not answer the phone, proceed down the list. If all these fail, try the clubhouse number 0191 264 9369, which goes to the office and bar.

Club Rowing Safety Adviser	Harry Clark	07808 118114
Events Rowing Safety Adviser	Colin Percy	07985 003304
Captain	Tom Jackson	07538 816018
Chair of Rowing Committee	Martin Hulse	07720 896401

## **First aid**

If an injury or illness occurs that can be treated on-site or if an ambulance has been summoned but the patient would benefit from immediate attention, seek help from a qualified first-aider.

The kitchen has a location specific first aid kit in a marked drawer. Each club coaching launch has a small first aid kit and a box of emergency foil blankets in the black safety bag. There is a first aid kit in a green carrying case in the cupboard next to the weights room door on the ground floor of the clubhouse. Spare first aid supplies are also held in this cupboard.

The club has a defibrillator. It is located on the front outside wall of the 'old' boathouse west of the new boathouse; a mobile phone is required to get a code for its release.