**Code of conduct for adult members**

Tyne Rowing Clubis fully committed to safeguarding and promoting the well-being of all its members, ensuring a positive and enjoyable experience for all. The club believes that it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with any committee member

As a member of Tyne Rowing Club, you are expected to abide by the following code of practise

* Members must take responsibility in ensuring they are up to date with the rules, understand and adhere to them.
* Members must respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background, religious beliefs or sexual identity. Use appropriate language at all times.
* Members should recognise the valuable contribution made by coaches and officials who are mostly volunteers
* Members must respect officials and publicly accept their decisions.
* Members will look after all equipment used and return to the correct location when finished with. Defects will be repaired or reported.
* Before going on the water all members will conduct a risk assessment and should only proceed if their abilities match the conditions and appropriate safeguards are in place.
* Members should keep to agreed timings for training and competitions or inform their coach or squad co-ordinator if they are going to be late.
* Members must wear suitable kit for training (this includes men not being topless and women not wearing only sports bra/crop top type garments on the upper half of the body) and the club colours when competing.
* Members must pay subscription and race fees promptly.
* Encourage everyone to enjoy sport and understand that people have different motivations for taking part.