

TYNE AMATEUR ROWING CLUB



JUNIOR SQUAD ROWING COORDINATOR AND COACH

The Tyne Amateur Rowing Club is looking to hire an individual to act as a Junior Coordinator and Coach to further the development of the junior section, alongside the volunteer coaches already within the club.

About the Club

The Tyne Amateur Rowing Club, established in 1852 sits on the River Tyne at Newburn, about 7 miles west of Newcastle City centre. We have the longest and arguably the best stretch of river for rowing in the north of England and are privileged to have a new purpose-built clubhouse with excellent indoor training facilities.

JUNIOR SQUAD ROWING COORDINATOR AND COACH

Tyne ARC is seeking Junior Manager and Coach to join the coaching team from the 2019/20 season. The squad has currently 60+ members, from J12-18; performing across all levels both locally and challenging nationally. There is the potential for the squad to split into recreational and racing squads with the correct management. The squad has developed from focusing on enjoyment, to developing performance goals in an athlete focused manner.

Job Title Junior Squad Rowing Coordinator and Coach

Responsible to Club Captain

Contract Part-time (12-13 hours initially)

Purpose

The post holder will work under the guidance of the Captain and Vice-Captain of Coaching and in close liaison with Junior Squad Parents Committee in the day to day coaching and running of the junior squad. The main purpose is to work alongside volunteer coaches to organise and deliver a high-quality training programme of sculling and rowing.

The Role

This is a part time position that will oversee athlete development throughout the year, including racing events and training camps.

Standard week – based on a 12-13 hrs of commitment a week, these hours do not all fall in core office hours; with flexibility to work with and organise other part time coaching volunteers as per rota to cover a range of training sessions. Currently there are four 2.5 hour (5-7.30pm) evening sessions Monday to Thursday and two 5 hour (7.30am-12.30pm) morning sessions on Saturday and Sunday crucial. Friday evening sessions may also feature in future training plans.

Racing events – the post holder is expected to attend events that the club chooses to partake in, having expenses paid for by the club.

Training camps – the post holder will be available to travel with (when necessary) and oversee athletes on training camps on the dates agreed. Expenses will be paid for by the club.

Salary– £7.83- £9/hour depending on experience

Start Date – As soon as possible

Responsibilities and Expectations

The post holder will work **alongside volunteer coaches** in

1. Developing the squad annual training programme, alongside volunteers, encompassing water sessions, land training and training camps.
2. Coaching to improve athlete performance and development in water sessions and provide regular feedback sessions with athletes to deliver specific and individualised points for improvement.
3. Co-ordination of day to day requirements of the squad
 - a. Emails/Facebook group – communicate with parents/guardians
 - b. Updating Google sheet used for setting training session schedules /race availability / crew setting
 - c. Race entries with volunteer coaches
 - d. Co-ordinate with Head Coach and Vice-Captain of Coaching regarding training plan and squad race performance.
4. Uphold safety requirements and ensure all junior boats / equipment are maintained and fit for purpose with the Club Vice-Captain of Boats and Vice-Captain of Coaching.
5. Ensure welfare of those in the squad, including coaches and parents; liaising with Club Welfare officer.
6. Accompany crews to training camps / racing events throughout the year as needed.

Qualification Requirements and Candidate Characteristics

	Essential	Desirable
Qualifications	<ul style="list-style-type: none"> - previous rowing and coaching experience - First Aid - Driving licence - DBS clearance (Verified by TARC Welfare Officer) 	<ul style="list-style-type: none"> - RYA Launch driving/experience with launches - Level 2 UKCC (or working towards qualification)
Rowing	<ul style="list-style-type: none"> - Both rowing and sculling experience 	<ul style="list-style-type: none"> - 3+ years' experience coaching - Experience coaching juniors/or at least working with young people - Ability to collaborate with experts in regard to S&C, nutrition, physiotherapy and sports psychology to create an integrated system fostering athlete development
Skills	<ul style="list-style-type: none"> - Excellent communication and interpersonal - Active listening skills - Good leadership skills - Able to influence and persuade at all levels - Able to prioritise effectively - I.T literate – Word, Google sheets/excel, email 	<ul style="list-style-type: none"> - Experience using google sheets - Experience dealing with a range of people across all ages
Qualities	<ul style="list-style-type: none"> - Organised - Pro-active - Good problem solver - Effective communicator - Team player - Athlete focused - Flexible - Able to perform under pressure 	

To discuss the role further, please contact Ollie Bratley Vice Captain Coaching (Vicecaptain.coaching@tynearc.com)

Please apply by sending your CV and any references to Vicecaptain.coaching@tynearc.com